



Sources of Information on **BREAST CANCER**

Basic Information

Breast cancer: What You Need to Know

An 8-page booklet providing information about breast cancer, its diagnosis and treatment. Produced by the Canadian Cancer Society. Also available on the internet at www.cancer.ca

More Information

Questions and Answers on Breast Cancer: a guide for women and their physicians produced by the Canadian Medical Association. Also available at no charge from the Cancer Information Service (1-888-939-3333) and Health Canada (613-954-5995)

Telephone Contacts

Cancer Information Service 1-888-939-3333
Willow: Ontario Breast Cancer Support Centre 1-888-778-3100 www.willow.org
CancerConnection 1-800-263-6750
 A toll-free phone service that matches cancer patients with trained volunteers who have experienced cancer.

Books

There are many books available at the cancer information kiosk in the front lobby about breast cancer, treatment, coping, personal stories etc. Here are two suggestions: **Dr. Susan Love's Breast Book** and **The Intelligent Patients Guide to Breast Cancer**

CD-ROMs

Understanding breast cancer - jackdigital Oncology Interactive Learning Series in collaboration with Princess Margaret Hospital. A computer CD-ROM that provides over 25 hours of information about breast cancer.

Support Groups

Breast Cancer Action Kingston-Survivor led organization with many resources 531-7912 www.brcanactionkingston.com
Reach to Recovery - personal support for women who are newly diagnosed breast cancer. Call the Canadian Cancer Society at 613- 384- 2361
Look Good Feel Better - Free workshops providing information on skin care, makeup, wigs, etc held every 2nd Wednesday at the Quinte Thousand Island Lodge. Call 613-542- 2826 for more information or to reserve a spot. Information on other support groups in the region can be found at the cancer information kiosk in the front lobby of the Cancer Centre.

Web Sites

Canadian Breast Cancer Network www.cbcn.ca
 This site will link you to web sites of interest to breast cancer patients.
National Cancer Institute (U.S) www.cancer.gov
 Treatment , support, clinical trials information and more

These and many other resources are available at the cancer information kiosk in the front lobby of the Cancer Centre. The listed resources are provided for information only and are not intended to replace medical advice. If you have any questions about your cancer please talk with your health care providers.

