

What about research?

We ask you and your family for permission to keep information about you, learn from it and use the information to help other kids with cancer. Usually the information we keep does not have your name or your family's name on it. The information alone is used to study cancer.

If a researcher wants you to take part in a study, a Hospital Research Ethics Board will look at the research idea and if approved, we will call you and your family to ask for permission to get other information.

If you don't want us to give your name even to the researchers, you or your family can tell us not to and we will not.

PROTECT YOUR HEALTH!

**BE PART OF AN
AFTERCARE PROGRAM!**

Where to find an AfterCare Program

Kingston

Cancer Centre of Southeastern Ontario
at Kingston General Hospital
613-544-2631 • Ext. 6625

Hamilton

McMaster Children's Hospital,
Hamilton Health Sciences
905-521-5014

London

Children's Hospital of Western Ontario
519-685-8500 • Ext. 52192

Ottawa

Children's Hospital of Eastern Ontario
613-737-2470
The Ottawa Hospital Regional Cancer Centre
oncologyaftercare@cheo.on.ca

Toronto

The Hospital For Sick Children
416-813-8321
Princess Margaret Hospital
416-946-2127

The provincial network of AfterCare programs for survivors of cancer in childhood is the result of generous support and funding from Ontario's Ministry of Health and Long Term Care (MOHLTC).

Provincial Pediatric Oncology AfterCare Program
(416) 592-1232
info@pogo.on.ca • www.pogo.ca

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CANCER CENTRE
OF SOUTHEASTERN ONTARIO
AT KINGSTON GENERAL HOSPITAL
a cancer care ontario partner

Are you a Childhood Cancer Survivor?

Join an Ontario AfterCare
Program for kids just like
you.



Going to just one
AfterCare visit per year
can help you stay
healthy.



Who should go to an AfterCare Program?

Anyone who survived cancer and hasn't needed active treatment for at least two years, that's who!

What happens when I go to an AfterCare Program?

First you get a *Passport to Health*. It holds everything the doctors need to know about your health and the treatments you have had.

Next, we talk to you about the medicine or treatment you've had, and what you need to do to stay healthy.

You'll meet the doctors and nurses who will take care of you. They will tell you what hospital tests you need, and when you can get them. They will explain how they do things and why.

Your AfterCare Program will be made just for you!

When should I go?

Just once a year at first. After five years, the doctors may decide you only need to come once every two years.

What is AfterCare?

It's a special service for kids who beat cancer. You're healthy now, and the best way to stay healthy is to come to AfterCare Clinics about once a year. AfterCare is the way we can help you to stay healthy and to handle any problems that may follow your cancer treatment.

They can help you be healthy, stay healthy and feel healthy.

The AfterCare Program helps you learn how to protect your health.

How does AfterCare help me and others?

If you need health services in the hospital, we'll help to get them. We'll tell you what we learn about your health and cancer and what we learn about you will help us take care of other kids, too.

What happens at the AfterCare Clinic?

First, you talk to the doctor and nurse about your health and anything that concerns you. Save your questions, write them down and be sure to ask them.

The doctor or nurse will examine you, and decide if you need any tests.

You may meet and talk to other kids who are there and find out how their lives are going for them.

The whole visit only takes less than half a day.

What about test results?

We'll tell you and your family what your test results are, as soon as we get them. We'll also tell your family doctor.

If a test shows you need more care or tests, we'll set a time when you can have these done.

You'll get to know everything that's happening, and why!

My AfterCare Program is at:

Telephone: _____

My doctor is: _____

My nurse is: _____



AfterCare Clinics are a project of POGO, the Pediatric Oncology Group of Ontario. Through POGO, all of Ontario's childhood cancer program partners work together to protect the health of survivors of childhood cancer into adult life.