

WHAT ABOUT RESEARCH STUDIES?

Your AfterCare clinic will record information about you to be included in a provincial research record. None of this information is identifiable. If we need to identify you for a specific research study, a Research Ethics Board will approve it, and we will ask your permission. We will not give information that can identify you without your permission. But if you allow it, you will be helping us to:

- Improve care by focusing attention on key research areas
- Plan changes in cancer treatment for future generations of children

Most of the information we collect does not require identification of the patient. Information that could identify you will be separated from the data used in these studies.

Some research may benefit greatly from a follow up contact with you, or from the addition of your health information stored in other health records and databases. When we do need personal information, researchers will ask for your consent, along with approval from the Hospital Research Ethics Board.

LEARN HOW TO PROTECT YOUR HEALTH
PARTICIPATE IN AN AFTERCARE PROGRAM

WHERE TO FIND AN AFTERCARE PROGRAM

Kingston

Cancer Centre of Southeastern Ontario
at Kingston General Hospital
613-544-2631 • Ext. 6625

Hamilton

McMaster Children's Hospital,
Hamilton Health Sciences
905-521-5014

London

Children's Hospital of Western Ontario
519-685-8500 • Ext. 52192

Ottawa

Children's Hospital of Eastern Ontario
613-737-2470
The Ottawa Hospital Regional Cancer Centre
oncologyaftercare@cheo.on.ca

Toronto

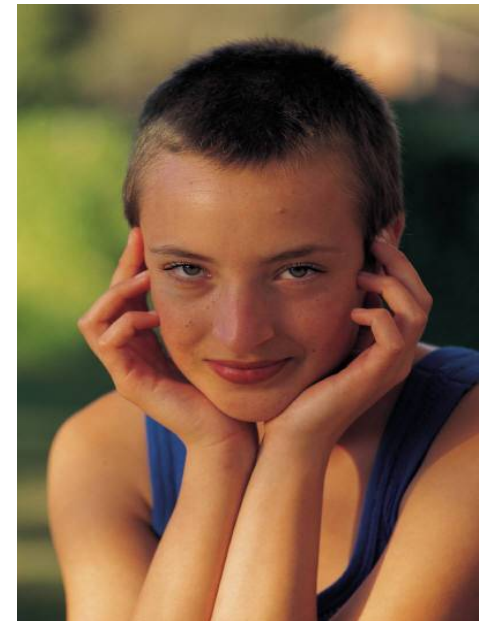
The Hospital For Sick Children
416-813-8321
Princess Margaret Hospital
416-946-2127

The provincial network of AfterCare programs for survivors of cancer in childhood is the result of generous support and funding from Ontario's Ministry of Health and Long Term Care (MOHLTC).



Are you a Childhood Cancer Survivor?

Ontario's AfterCare Program helps protect the health of survivors.



Attending just one AfterCare clinic per year could reduce the side effects of treatment and help you stay healthy.



Provincial Pediatric Oncology AfterCare Program
(416) 592-1232

Info@pogo.on.ca • www.pogo.ca
Printed November 2004 • POGO

WHAT IS THE CHILDHOOD CANCER AFTERCARE PROGRAM?

It's a follow-up care program designed to provide you with these benefits:

- Regular contact with caregivers who understand cancer and its treatment
- Early detection of any late effects
- Access to information related to cancer survival

Ontario's Childhood Cancer AfterCare Program helps you learn how to protect your health. The health care team is trained to:

- Protect health
- Promote quality of life
- Detect problems early, including social or psychological ones
- Provide referrals, so you and your family can find the help you need
- Prevent disease

WHAT ARE THE ADVANTAGES OF ATTENDING AFTERCARE?

When you participate in an AfterCare program, you help yourself and others because:

- AfterCare may arrange services you need.
- The program keeps you up to date on new information about cancer and those who survive it.
- By participating, you can contribute to our growing knowledge base about the long-term health of survivors.

WHO SHOULD ATTEND AFTERCARE CLINICS?

Your oncologist or clinic nurse will talk to you about when AfterCare should start for you. All survivors of childhood cancer who have been off treatment for two or more years may be eligible.

WHAT HAPPENS WHEN I DECIDE TO PARTICIPATE IN AFTERCARE?

One or more years (as indicated by your oncologist or clinic nurse) after your final active treatment, you will receive information about how AfterCare clinics work and who will be on your AfterCare team. You can then make an appointment for your first visit.

You will be assessed and information about your health and treatment collected, in order to help plan your AfterCare needs. Your health care team then meets to develop a visit plan and arrange any required tests.

When you transfer to an adult AfterCare clinic, you will receive a new Passport to Health – a wallet size document containing all the important details of your medical history and treatments.

HOW OFTEN SHOULD I ATTEND?

You should expect to come in at least once a year for the first five to 10 years, and every second year after that.

AfterCare Clinics are a project of POGO, the Pediatric Oncology Group of Ontario. Through POGO, all of Ontario's childhood cancer program partners work together to protect the health of survivors of childhood cancer into adult life.

WHAT HAPPENS AT THE CLINIC?

The AfterCare clinic staff specializes in the care of childhood cancer survivors. They will give you a clinical assessment, arrange any required tests, and plan any required treatment. You will be welcome to discuss any concerns you may have with the experts.

You also gain access to other information of interest, and opportunities to talk to other survivors and their families.

We will ask you to fill out a questionnaire providing information essential to planning your future care, and to our research on survivor health and late effects.

WILL I BE TOLD TEST RESULTS?

Yes. We also send them to your family doctor. If the visit shows something is not normal, we may ask you to come to the clinic for further assessment or treatment or arrange referral to an appropriate resource of specialist.

WHAT IF I HAVE HEALTH CONCERNS RELATED TO CANCER BETWEEN VISITS?

Call the nurse on your health care team:

Nurse: _____

Telephone: _____

