



CANCER CENTRE
 OF SOUTHEASTERN ONTARIO
 AT KINGSTON GENERAL HOSPITAL
 a cancer care ontario partner

Cancer Centre of Southeastern Ontario at KGH

Height, Weight, Edmonton Symptom Assessment Scale (ESAS) &
 Palliative Performance Scale (PPS) Flow Sheet

ADDRESSOGRAPH

Instructions: date, time and initial all entries
 : all entries in a column **must be** for same date

Year							
Date (MM/DD)							
Height (centimeters)							
Weight (kilograms)							
Time							
Initials							
ESAS Scores							
Pain							
Tiredness							
Nausea							
Depression							
Anxiety							
Drowsiness							
Appetite							
Well-being							
Shortness of breath							
ESAS completed by: P=patient, F=family, H= health professional, A=assisted by family or health professional							
Time							
Initials							
PPS Scores (Definitions back of form)							
Time							
Initials							

Initial	Name	Signature/Designation
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Palliative Performance Scale (PPSv2)
version 2

PPS Level	Ambulation	Activity & Evidence of Disease	Self-Care	Intake	Conscious Level
100%	Full	Normal activity & work No evidence of disease	Full	Normal	Full
90%	Full	Normal activity & work Some evidence of disease	Full	Normal	Full
80%	Full	Normal activity <i>with effort</i> Some evidence of disease	Full	Normal or reduced	Full
70%	Reduced	Unable normal job/work Significant disease	Full	Normal or reduced	Full
60%	Reduced	Unable hobby/house work Significant disease	Occasional assistance necessary	Normal or reduced	Full or Confusion
50%	Mainly Sit/Lie	Unable to do any work Extensive disease	Considerable assistance required	Normal or reduced	Full or Confusion
40%	Mainly in Bed	Unable to do most activity Extensive disease	Mainly assistance	Normal or reduced	Full or Drowsy +/- Confusion
30%	Totally Bed Bound	Unable to do any activity Extensive disease	Total Care	Normal or reduced	Full or Drowsy +/- Confusion
20%	Totally Bed Bound	Unable to do any activity Extensive disease	Total Care	Minimal to sips	Full or Drowsy +/- Confusion
10%	Totally Bed Bound	Unable to do any activity Extensive disease	Total Care	Mouth care only	Drowsy or Coma +/- Confusion
0%	Death	—	—	—	—

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